

## NCTSN External Resources

### World Refugee Awareness Month (June 2020)

The NCTSN invites you to join us in observing World Refugee Awareness Month and, on June 20th, World Refugee Awareness Day. In doing so, we focus on the millions of refugees who live around the globe, recognizing their plight as well as their valuable contributions to our communities. See below for a listing of helpful resources related to the needs of refugee children and families.

#### For Educators

##### [The Advocates for Human Rights](#)

- [Human Rights Education Lesson Plans: The Refugee Rights](#)  
Shows students how to put themselves at least imaginatively, in the shoes of refugees.

##### [Bridging Refugee Youth & Children's Services \(BRYCS\)](#)

- [Refugee Children in U.S. Schools: A Toolkit for Teachers and School Personnel](#)  
Supports and assists schools with large numbers of refugee students and is updated regularly.

##### [United Nations High Commissioner for Refugees \(UNHCR\)](#)

- [UNHCR Teachers' Toolkit](#)  
Offers free teaching materials on refugees, asylum, migration, and statelessness and guidance for primary and secondary school teachers on including refugee children in their classes.

#### For Mental Health and Medical Professionals

##### [APA Presidential Task Force on Immigration](#)

- [Crossroads: The Psychology of Immigration in the New Century \(2012\)](#)  
Addresses the psychological factors related to the experience of immigration, with particular attention to the mental and behavioral health needs of immigrants across the lifespan, and the effects of acculturation, prejudice/discrimination and immigration policy on individuals, families and society.

##### [APA Task Force on the Psychosocial Effects of War on Children and Families Who Are Refugees from Armed Conflict Residing in the United States](#)

- [Resilience & Recovery after War: Refugee Children and Families in the United States \(2010\)](#)  
Addresses the needs of war-affected children and families, with recommendations that stakeholders within the sectors of clinical practice, research, education, and public policy be culturally competent and cognizant of the multiple factors influencing their mental health and adjustment to resettlement.

##### [Centers for Disease Control and Prevention](#)

- [Immigrant and Refugee Health](#)  
Provides information on medical examination of immigrants and refugees, refugee health guidelines, and laws and regulations.

#### The Center for Health Care and Health in Schools

- [Screening and Assessing Immigrant and Refugee Youth in School-Based Mental Health Programs \(2008\)](#)

Provides an overview of screening, identification, and assessment tools and processes that can be used by practitioners and researchers who care for immigrant and refugee youth.

#### The Center for Victims of Torture

- [Helping Refugee Trauma Survivors in the Primary Care Setting \(2005\)](#)

Provides an overview of screening, identification, and assessment tools and processes that can be used by practitioners and researchers who care for immigrant and refugee youth.

#### The Harvard Program in Refugee Trauma (HPRT)

- [Harvard Trauma Questionnaire \(HTQ\)](#)

Offers questions about a variety of trauma events as well as the emotional symptoms considered to be uniquely associated with trauma.

#### HealthReach, Health Information in Many Languages

- Provides quality multilingual, health information resources for those offering care to resettled refugees and asylees.

#### Physicians for Human Rights (PHR)

- [Trainings and Webinars for Health Professionals](#)

Offers basic and advanced trainings for health professionals to learn how to apply their clinical skills to support asylum applications.

#### UN Office of the High Commissioner for Human Rights (OHCHR)

- [Istanbul Protocol: Manual on the Effective Investigation and Documentation of Torture and Other Cruel, Inhuman or Degrading Treatment or Punishment \(2004\)](#)

Defines torture, enumerates the legal obligation of states to prevent torture, and provides recommendations for providers and medical professionals documenting experiences of torture.

### For Refugees

#### Bridging Refugee Youth & Children's Services (BRYCS)

- [Raising Teens in a New Country: A Guide for the Whole Family](#) (Available in English, Arabic, and Spanish)

Provides advice around topics that can be challenging for teens and families who are adapting to a new country. Content is divided into separate sections for teens and parents.

- [Raising Young Children in a New Country: Supporting Early Learning and Health Development](#) (Available in Nepali, Arabic, Spanish, and Somali)

Provides information on health practices, safety, discipline practices, and healthy brain developments for children from ages 1-5.

- [Raising Children in a New Country: An Illustrated Handbook](#) (Available in Arabic and Somali)

Provides information on health practices, safety, discipline practices, and healthy brain developments for children from ages 1-5.

### [USAHello](#)

Uses technology to help refugees and displaced individuals build new lives in the US. It is a website created by refugees and immigrants for refugees and immigrants in the US. It is designed to be a one-stop comprehensive site that houses resources and information to assist newcomers in building successful lives in the US.

### [Office of Refugee Resettlement](#)

Provides new populations with the opportunity to maximize their potential in the United States. Their programs provide people in need with critical resources to assist them in becoming integrated members of American society.

### **For Social Service Providers/Community Agencies**

#### [HealTorture.org](#)

- Provides a wide range of resources to services providers, whether they work in law, mental health, medicine, or social services.

#### [Bridging Refugee Youth & Children's Services \(BRYCS\)](#)

- [Refugees and the U.S. Child Welfare System: A Toolkit for Service Providers](#)  
Provides information on how the child welfare system works and on how to reach out and partner with community child welfare agencies. Supports the development of comprehensive services to assist new refugees integrating into communities across the United States.
- [Enhancing Child Care for Refugee Self-Sufficiency: A Training Resource and Toolkit \(2006\)](#)  
Provide agencies serving refugee clients with a selection of childcare options.
- [Raising Teens in a New Country Handbook \(2017\)](#)  
Covers topics that often come up in families raising teenagers in the United States and reminds newcomers that every parent worries for their children and most teens face these challenges.
- [Guardianship Fact Sheet for Staff Assisting Refugee Families \(2012\)](#)  
Offers basic information to help refugee families understand how to establish legal guardianship when caring for children of relatives or friends.
- [Raising Children in a New Country: An Illustrated Handbook \(2007\)](#)  
Provides information to newcomer parents about U.S. laws and parenting practices.

#### [Gulf Coast Jewish Family and Children Services: Refugee Services National Partnership for Community Training](#)

The National Partnership for Community Training is a mental health assistance program for refugee service providers. This website holds a host of resources including webinars, country guides, and information guides on a variety of topics in regard to providing mental health and social services for refugees, asylees, asylum seekers, and survivors of torture and genocide. Provides comprehensive care for refugees, asylees, asylum seekers and survivors of torture and genocide by partnering with numerous organizations. They provide research, education, and training to expand the awareness and understanding of global conflict and migration.

### Migration Policy Institute

- [Bridging Divides: The Role of Ethnic Community-Based Organizations in Refugee Integration \(2007\)](#)

Describes the importance of ethnic community-based organizations (ECBOs) as key facilitators of refugee resettlement and integration and offers recommendations for enhancing the capacity of ECBOs.

### U.S. Committee for Refugees and Immigrants

- [Healthy Living Toolkit](#)

Designed to help in educating refugees and immigrants to become proactive health consumers and promoters in their communities. Supports health professionals, health promoters, ESL teachers, and resettlement case managers in assisting refugees and immigrants to navigate the health system to reduce health disparities among these populations. Material presented in a culturally appropriate manner. Available in eighteen languages.

- [Resource Guide for Serving Refugees with Disabilities](#)

Offers a how-to for caseworkers and advocates who serve refugees to help improve access to services for newly arrived refugees with disabilities.